**CENTRAL SOUTH DAKOTA CONFERENCE &**

**YELLOWSTONE TRAIL CONFERENCE**

**CROSS COUNTRY MEET**

**Wednesday, October 9, 2019**

Coaches & Athletic Directors:

Subject: CSDC & YTC Cross Country Meet

Date: Wednesday, October 9, 2019 – 1:00 PM

Location: Gettysburg Golf Course on the northeast corner of town

Divisions: MS (Girls & Boys grades 6-8)

Varsity (Girls & Boys)

Entries: Rosters have been taken from the SDHSAA site. If any of your runners are missing from your roster, please e-mail their name, gender and grade to me. When you get to the course, please check in, and let them know how many runners you will have in each division so the decision can be made on whether to run JH together or separate. Competitor numbers will be e-mailed out prior to the meet.

Start time: 1:00 PM – MS Girls and & Boys (Grades 6-8) – 3000 Meters

5 minutes after MS – Varsity Girls – 5000 meters

5 minutes after Varsity Girls – Varsity Boys – 5000 meters

Awards: \* Medals awarded to the top 15 Varsity Girls & Boys Runners from conference teams

\* Ribbons awarded to the top 15 Middle School Girls & Boys Runners from conference teams

\* The winning conference team in each division and conference will be awarded picture plaque

Team Scoring: Top 3 runners will score (you may run extras)

Other Items: If you will not be bringing MS runners and therefore will not be here right away, please let me know so we don’t worry about missing someone when we start the MS race.

Results will be e-mailed out the schools the evening of the meet.

\*\*\*The clubhouse will be open only for the check-in and the computer operator

If you have any questions, contact Vern Smith, AD @ (605) 765-2436.